

CORONARY ARTERY DISEASE MEDICATIONS

Angiotensin Converting Enzyme inhibitors (ACEi)/Angiotensin II Receptor Blockers (ARB)

ACEi/ARBs lower blood pressure and protect the heart by reducing the risk of another cardiac event. ACE inhibitors end in "pril" like perindopril.

ARBs end in "sartan" like candesartan.

Side effects: dizziness, lightheadedness, increased potassium, or dry cough (ACEi only)

Monitor: potassium levels, blood pressure, kidney function

Antiplatelet Medications

Antiplatelet medications are used to prevent blood clots, and prevent another heart attack or stroke. ASA (aspirin) and P2Y12 inhibitors like clopidogrel or ticagrelor are the two types of antiplatelet therapy. After a heart attack, two different antiplatelet medications are used in combination to protect the heart.

Side effects: increased bruising/ bleeding, rash (clopidogrel) or shortness of breath (ticagrelor)

Monitor: signs of serious bleeding like blood in urine or stool

Beta Blocker

Beta blockers are used to slow down the heart rate, and help the heart recover.

They protect the heart by reducing the risk of another cardiac event.

All beta blockers end in "lol", like metoprolol and bisoprolol.

Side effects: dizziness, light-headedness, fatigue

Monitor: heart rate, fatigue, blood pressure

Statin

Used to lower cholesterol, prevent worsening of coronary artery plaques and prevent new plaques from forming.

Statins end in "statin" like rosuvastatin.

Side effects: muscle aches, constipation, diarrhea

Monitor: severe muscle fatigue or aches

These are the most common medications used, you may be on other medications depending on your individual condition.

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MEDICATION SCHEDULE

Name of Medication	Dose	Morning	Lunch	Evening	Bedtime
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Insert name, dose, and time of administration in the table and checkboxes provided!

Helpful Resources

New Brunswick Heart Centre (nbheartcentre.ca)

Heart and Stroke Foundation of Canada | Home

University of Ottawa Heart Institute

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